



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>October is Domestic Violence &amp; Breast Cancer Awareness Month!!!</b>		1 <b>6:00 PM</b> Zumba (PE)  <b>7:00 PM</b> FIT Bootcamp (CK)	2 <b>6:00 PM</b> Xtreme Hip Hop Step (CK)  <b>7:00 PM</b> Caribbean Beatz (CK)	3 <b>6:15 PM</b> FIT BodyWerk (AO)  <b>7:00 PM</b> Line Dancing (AO)	4 <b>7:00 PM</b> TwerkFit (NM)  <b>8:00 PM</b> Stiletto Seduction (NM)	5 <b>10:00 AM – 12:00PM</b> FFAP Purple Party With A Purpose  <i>Raising awareness for Domestic Violence. All proceeds go to the Securus House.</i>
6  <b>STUDIO CLOSED</b>	7 <b>6:00 PM</b> Xtreme Hip Hop Step Beginners (CK)  <b>7:00 PM</b> Commit Dance Fitness (CK)	8 <b>6:00 PM</b> Zumba (PE)  <b>7:00 PM</b> FIT Bootcamp (CK)	9 <b>6:00 PM</b> Xtreme Hip Hop Step (CK)  <b>7:00 PM</b> Caribbean Beatz (CJ)	10 <b>6:15 PM</b> FIT BodyWerk (AO)  <b>7:00 PM</b> Line Dancing (AO)	11  <b>STUDIO CLOSED</b>	12  <b>STUDIO CLOSED</b>
13  <b>STUDIO CLOSED</b>	14 <b>6:00 PM</b> Xtreme Hip Hop Step Beginners (CK)  <b>7:00 PM</b> Commit Dance Fitness (CK)	15 <b>6:00 PM</b> Zumba (CK)  <b>7:00 PM</b> FIT Bootcamp (CK)	16 <b>6:00 PM</b> Xtreme Hip Hop Step (CK)  <b>7:00 PM</b> Caribbean Beatz (CK)	17 <b>6:15 PM</b> FIT BodyWerk (AO)  <b>7:00 PM</b> Line Dancing (AO)	18  <b>STUDIO CLOSED</b>	19  <b>10:00 AM</b> Breast Cancer Walk Forest Park
20  <b>STUDIO CLOSED</b>	21 <b>6:00 PM</b> Xtreme Hip Hop Step Beginners (CK)  <b>7:00 PM</b> Commit Dance Fitness (CK)	22 <b>6:00 PM</b> Zumba (CK)  <b>7:00 PM</b> FIT Bootcamp (CK)	23 <b>6:00 PM</b> Xtreme Hip Hop Step (CK)  <b>7:00 PM</b> Caribbean Beatz (CJ)	24 <b>6:15 PM</b> FIT BodyWerk (AO)  <b>7:00 PM</b> Line Dancing (AO)	25  <b>STUDIO CLOSED</b>	26  <b>STUDIO CLOSED</b>
27  <b>STUDIO CLOSED</b>	28 <b>6:00 PM</b> Xtreme Hip Hop Step Beginners (CK)  <b>7:00 PM</b> Commit Dance Fitness (CK)	29 <b>6:00 PM</b> Zumba (CK)  <b>7:00 PM</b> FIT Bootcamp (CK)	30 <b>6:00 PM</b> Xtreme Hip Hop Step (CK)  <b>7:00 PM</b> Caribbean Beatz (CK)	31 <b>6:15 PM</b> FIT BodyWerk (AO)  <b>7:00 PM</b> Line Dancing (AO)	<i>Fitness Journeys have a feeling of isolation. Fit For a Purpose takes you from isolation to community, feeling comfortable and confident to live a purposeful life!</i>	