



# Class Schedule

# September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 <b>STUDIO CLOSED</b>	2 6:00 PM Xtreme Hip Hop Step <b>Beginners</b> (CK) 7:00 PM Commit (CK)	3 6:00 PM Zumba (PE) 7:00 PM FIT Bootcamp (CK)	4 6:00 PM Xtreme Hip Hop Step <b>Intermediate</b> (CK) 7:00 PM Caribbean Beatz (CK)	5 6:15 PM FIT BodyWerk (AO) 7:00 PM Line Dancing (AO)	6 <b>STUDIO CLOSED</b>	7 10:00 AM MixedFit (CJ)	
8 <b>STUDIO CLOSED</b>	9 6:00 PM Xtreme Hip Hop Step <b>Beginners</b> (CK) 7:00 PM Commit (CK)	10 6:00 PM Zumba (CK) 7:00 PM FIT Bootcamp (CK)	11 6:00 PM Xtreme Hip Hop Step <b>Intermediate</b> (CK) 7:00 PM Caribbean Beatz (CJ)	12 6:15 PM FIT BodyWerk (AO) 7:00 PM Line Dancing (AO)	13 <b>STUDIO CLOSED</b>	14 <b>STUDIO CLOSED</b> FFAP will be participating in the Atlanta Kidney Walk! (Atlantic Station)	
15 <b>STUDIO CLOSED</b>	16 6:00 PM Xtreme Hip Hop Step <b>Beginners</b> (CK) 7:00 PM Commit (CK)	17 6:00 PM Zumba (PE) 7:00 PM FIT Bootcamp (CK)	18 6:00 PM Xtreme Hip Hop Step <b>Intermediate</b> (CK) 7:00 PM Caribbean Beatz (CK)	19 6:15 PM FIT BodyWerk (AO) 7:00 PM Line Dancing (AO)	20 <b>STUDIO CLOSED</b>	21 10:00 AM MixedFit (CJ)	
22 <b>STUDIO CLOSED</b>	23 6:00 PM Xtreme Hip Hop Step <b>Beginners</b> (CK) 7:00 PM Commit (CK)	24 6:00 PM Zumba (CK) 7:00 PM FIT Bootcamp (CK)	25 6:00 PM Xtreme Hip Hop Step <b>Intermediate</b> (CK) 7:00 PM Caribbean Beatz (CJ)	26 6:15 PM FIT BodyWerk (AO) 7:00 PM Line Dancing (AO)	27 <b>STUDIO CLOSED</b>	28 10:00 AM MixedFit (SUB)	
29 <b>STUDIO CLOSED</b>	30 6:00 PM Xtreme Hip Hop Step <b>Beginners</b> (CK) 7:00 PM Commit (CK)	31 6:00 PM Zumba (CK) 7:00 PM FIT Bootcamp (CK)	<p><i>Fitness Journeys have a feeling of isolation. Fit For a Purpose takes you from isolation to community, feeling comfortable and confident to live a purposeful life!</i></p> <p><b>Color Legend</b>  Morning Classes / Evening Classes / Special Events</p>				